



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

Participant ID

| | | | |
|-------------------|----------------|---------------------|-----------------------|
| Variable # | 1 | Usage Notes: | none |
| Sas Name: | ID | Categories: | Study: Administration |
| Sas Label: | Participant ID | | |
| Type: | Continuous | | |

F143 Days since enrollment

| | | | |
|-------------------|----------------------------|---------------------|-----------------------|
| Variable # | 2 | Usage Notes: | none |
| Sas Name: | F143DAYS | Categories: | Study: Administration |
| Sas Label: | F143 Days since enrollment | | |
| Type: | Continuous | | |

F143 Highest weight in past 2 years

In the past 2 years, what was your highest weight?

| | | | |
|-------------------|---------------------------------|---------------------|--|
| Variable # | 3 | Usage Notes: | none |
| Sas Name: | WTMAX2Y_3 | Categories: | Medical History: Height/Weight History Physical Measurements: Height/Weight History |
| Sas Label: | Highest weight, in past 2 years | | |
| Type: | Continuous | | |

F143 Lowest weight in past 2 years

In the past 2 years, what was your lowest weight?

| | | | |
|-------------------|--------------------------------|---------------------|--|
| Variable # | 4 | Usage Notes: | none |
| Sas Name: | WTMIN2Y_3 | Categories: | Medical History: Height/Weight History Physical Measurements: Height/Weight History |
| Sas Label: | Lowest weight, in past 2 years | | |
| Type: | Continuous | | |

F143 Lost 5 pounds on purpose

In the past 2 years, did you lose five or more pounds on purpose at any time?

| | | | |
|-------------------|----------------------------------|---------------------|--|
| Variable # | 5 | Usage Notes: | none |
| Sas Name: | LOST5LBP_3 | Categories: | Medical History: Height/Weight History Physical Measurements: Height/Weight History |
| Sas Label: | Lose 5 or more pounds on purpose | | |
| Type: | Categorical | | |

| | |
|---------------|------------|
| Values | |
| 0 | No |
| 1 | Yes |
| 9 | Don't know |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Lost 5 pounds on purpose - Change in diet

What method(s) did you use to lose weight? (Mark all that apply.) Change in diet

Variable # 6

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPDiet_3

Sas Label: Changed diet to lose weight

Type: Categorical

Categories: Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Lost 5 pounds on purpose - Increased exercise

What method(s) did you use to lose weight? (Mark all that apply.) Increased exercise

Variable # 7

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPEXER_3

Sas Label: Increased exercise to lose weight

Type: Categorical

Categories: Diet
Medical History: Height/Weight History
Physical Activity
Physical Measurements: Height/Weight History

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Lost 5 pounds on purpose - Redux diet pill

What method(s) did you use to lose weight? (Mark all that apply.) Redux diet pill (dexfenfluramine)

Variable # 8

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPREDUX_3

Sas Label: Redux to lose weight

Type: Categorical

Categories: Diet
Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Lost 5 pounds on purpose - Other diet pill

What method(s) did you use to lose weight? (Mark all that apply.) Other diet pill

Variable # 9

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPOTHPL_3

Sas Label: Other diet pill to lose weight

Type: Categorical

Categories: Diet
Medical History: Height/Weight History
Medical History: Medications
Physical Measurements: Height/Weight History

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Lost 5 pounds on purpose - Commercial wt loss

What method(s) did you use to lose weight? (Mark all that apply.) Commercial weight loss program

Variable # 10

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPCMPRG_3

Sas Label: Commercial program to lose weight

Type: Categorical

Categories: Diet
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0 No

1 Yes

F143 Lost 5 pounds on purpose - smoking

What method(s) did you use to lose weight? (Mark all that apply.) Started or increased smoking

Variable # 11

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPSMKNG_3

Sas Label: Smoking to lose weight

Type: Categorical

Categories: Lifestyle: Smoking
Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0 No

1 Yes

F143 Lost 5 pounds on purpose - Surgical procedure

What method(s) did you use to lose weight? (Mark all that apply.) Surgical procedure (such as intestinal bypass or stomach balloon)

Variable # 12

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPSRGY_3

Sas Label: Surgery to lose weight

Type: Categorical

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0 No

1 Yes

F143 Lost 5 pounds on purpose - Other Method

What method(s) did you use to lose weight? (Mark all that apply.) Other (Specify):

Variable # 13

Usage Notes: Sub-question of F143 V3 Q3 "Lost 5 pounds on purpose".

Sas Name: LWPOTHER_3

Sas Label: Other method to lose weight

Type: Categorical

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Values

0 No

1 Yes



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Lost 5 pounds not on purpose

In the past 2 years, did you lose five or more pounds not on purpose at any time?

| | | | |
|-------------------|---|---------------------|--|
| Variable # | 14 | Usage Notes: | none |
| Sas Name: | LOST5LBA_3 | Categories: | Medical History: Height/Weight History Physical Measurements: Height/Weight History |
| Sas Label: | Lose five or more pounds not on purpose | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |
| 9 | Don't know | | |

F143 Lost 5lbs not on purpose - Illness

What was the cause of this weight loss? (Mark all that apply.) Illness

| | | | |
|-------------------|----------------------------|---------------------|---|
| Variable # | 15 | Usage Notes: | Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose". |
| Sas Name: | LWAILLNS_3 | Categories: | Medical History Medical History: Height/Weight History Physical Measurements: Height/Weight History |
| Sas Label: | Lost weight due to illness | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Lost 5lbs not on purpose - Depression

What was the cause of this weight loss? (Mark all that apply.) Depression

| | | | |
|-------------------|-------------------------------|---------------------|---|
| Variable # | 16 | Usage Notes: | Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose". |
| Sas Name: | LWADEPRS_3 | Categories: | Medical History: Height/Weight History Physical Measurements: Height/Weight History Psychosocial/Behavioral |
| Sas Label: | Lost weight due to depression | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Lost 5lbs not on purpose - Stressful time

What was the cause of this weight loss? (Mark all that apply.) Stressful time

| | | | |
|-------------------|---------------------------|---------------------|---|
| Variable # | 17 | Usage Notes: | Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose". |
| Sas Name: | LWASTRES_3 | Categories: | Medical History: Height/Weight History Physical Measurements: Height/Weight History Psychosocial/Behavioral |
| Sas Label: | Lost weight due to stress | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Lost 5lbs not on purpose - Life events

What was the cause of this weight loss? (Mark all that apply.) Life events

Variable # 18

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWALEVNT_3

Sas Label: Lost weight due to life events

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History
Psychosocial/Behavioral

Type: Categorical

Values

0 No

1 Yes

F143 Lost 5lbs not on purpose - Loss of appetite

What was the cause of this weight loss? (Mark all that apply.) Loss of appetite

Variable # 19

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWALSAPP_3

Sas Label: Lost weight due to loss of appetite

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Type: Categorical

Values

0 No

1 Yes

F143 Lost 5lbs not on purpose - Other

What was the cause of this weight loss? (Mark all that apply.) Other (Specify):

Variable # 20

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWAOTHER_3

Sas Label: Lost weight due to other reason

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Type: Categorical

Values

0 No

1 Yes

F143 Lost 5lbs not on purpose - Don't know

What was the cause of this weight loss? (Mark all that apply.) Don't know

Variable # 21

Usage Notes: Sub-question of F143 V3 Q4 "Lost 5 pounds not on purpose".

Sas Name: LWADNTNO_3

Sas Label: Don't know reason for losing weight

Categories: Medical History: Height/Weight History
Physical Measurements: Height/Weight History

Type: Categorical

Values

0 No

1 Yes



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Figure/think you look

Choose the figure that: reflects how you think you look

Variable # 22
Sas Name: FGTHINK_3
Sas Label: How you think you look
Type: Categorical

Usage Notes: none
Categories: Psychosocial/Behavioral

Values

| | |
|---|----------|
| 1 | Figure 1 |
| 2 | Figure 2 |
| 3 | Figure 3 |
| 4 | Figure 4 |
| 5 | Figure 5 |
| 6 | Figure 6 |
| 7 | Figure 7 |
| 8 | Figure 8 |
| 9 | Figure 9 |

F143 Figure/feel most of time

Choose the figure that: reflects how you feel most of the time.

Variable # 23
Sas Name: FGFEEL_3
Sas Label: How you feel
Type: Categorical

Usage Notes: none
Categories: Psychosocial/Behavioral

Values

| | |
|---|----------|
| 1 | Figure 1 |
| 2 | Figure 2 |
| 3 | Figure 3 |
| 4 | Figure 4 |
| 5 | Figure 5 |
| 6 | Figure 6 |
| 7 | Figure 7 |
| 8 | Figure 8 |
| 9 | Figure 9 |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Figure/ideal figure for you

Choose the figure that: is your ideal figure (for you).

Variable # 24

Sas Name: FGIDLYOU_3

Sas Label: Ideal for you

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

| | |
|---|----------|
| 1 | Figure 1 |
| 2 | Figure 2 |
| 3 | Figure 3 |
| 4 | Figure 4 |
| 5 | Figure 5 |
| 6 | Figure 6 |
| 7 | Figure 7 |
| 8 | Figure 8 |
| 9 | Figure 9 |

F143 Figure/ideal for women

Choose the figure that: you think is ideal for women.

Variable # 25

Sas Name: FGIDLWOM_3

Sas Label: Ideal for women

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

| | |
|---|----------|
| 1 | Figure 1 |
| 2 | Figure 2 |
| 3 | Figure 3 |
| 4 | Figure 4 |
| 5 | Figure 5 |
| 6 | Figure 6 |
| 7 | Figure 7 |
| 8 | Figure 8 |
| 9 | Figure 9 |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Figure/preferred by men

Choose the figure that: you think is most preferred by men.

Variable # 26

Sas Name: FGPRFMEN_3

Sas Label: Preferred by men

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

| | |
|---|----------|
| 1 | Figure 1 |
| 2 | Figure 2 |
| 3 | Figure 3 |
| 4 | Figure 4 |
| 5 | Figure 5 |
| 6 | Figure 6 |
| 7 | Figure 7 |
| 8 | Figure 8 |
| 9 | Figure 9 |

F143 Figure/preferred by women

Choose the figure that you think is most preferred by women.

Variable # 27

Sas Name: FGPRFWOM_3

Sas Label: Preferred by women

Type: Categorical

Usage Notes: none

Categories: Psychosocial/Behavioral

Values

| | |
|---|----------|
| 1 | Figure 1 |
| 2 | Figure 2 |
| 3 | Figure 3 |
| 4 | Figure 4 |
| 5 | Figure 5 |
| 6 | Figure 6 |
| 7 | Figure 7 |
| 8 | Figure 8 |
| 9 | Figure 9 |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 How often walk more than 10 minutes

Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

Variable # 28

Sas Name: WALKSWK_3

Sas Label: # walks/wk outside home >= 10 min

Type: Categorical

Usage Notes: none

Categories: Physical Activity

| Values | |
|--------|---------------------------|
| 0 | Rarely or never |
| 1 | 1-3 times each month |
| 2 | 1 time each week |
| 3 | 2-3 times each week |
| 4 | 4-6 times each week |
| 5 | 7 or more times each week |

F143 How many minutes do you usually walk

When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Variable # 29

Sas Name: MINSWALK_3

Sas Label: # of min/walk

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q6 "Walk more than 10 minutes".

Categories: Physical Activity

| Values | |
|--------|------------------|
| 1 | Less than 20 min |
| 2 | 20-39 min |
| 3 | 40-59 min |
| 4 | 1 hour or more |

F143 What is your usual speed

What is your usual speed?

Variable # 30

Sas Name: WALKSPD_3

Sas Label: Speed of usual walking pace

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q6 "Walk more than 10 minutes".

Categories: Physical Activity

| Values | |
|--------|-------------------|
| 2 | Casual strolling |
| 3 | Average or normal |
| 4 | Fairly fast |
| 5 | Very fast |
| 9 | Don't know |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Strenuous Exercise Frequency

STRENUOUS OR VERY HARD EXERCISE (You work up a sweat and your heart beats fast). For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

Variable # 31

Sas Name: HDEXFREQ_3

Sas Label: Days/wk of strenuous exercise

Type: Categorical

Usage Notes: none

Categories: Physical Activity

| Values | |
|--------|-------------------------|
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |

F143 Strenuous Exercise Duration

How long do you usually exercise like this at one time?

Variable # 32

Sas Name: HARDMINS_3

Sas Label: Min/session of hard exercise

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q7.1 "Strenuous exercise".

Categories: Physical Activity

| Values | |
|--------|------------------|
| 1 | Less than 20 min |
| 2 | 20-39 min |
| 3 | 40-59 min |
| 4 | 1 hour or more |

F143 Moderate Exercise Frequency

MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

Variable # 33

Sas Name: MDEXFREQ_3

Sas Label: Days/wk of moderate exercise

Type: Categorical

Usage Notes: none

Categories: Physical Activity

| Values | |
|--------|-------------------------|
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Moderate Exercise Duration

How long do you usually exercise like this at one time?

Variable # 34
Sas Name: MODMINS_3
Sas Label: Min/session of moderate exercise
Type: Categorical

Usage Notes: Sub-question of F143 V3 Q7.3 "Moderate exercise".
Categories: Physical Activity

Values

| | |
|---|------------------|
| 1 | Less than 20 min |
| 2 | 20-39 min |
| 3 | 40-59 min |
| 4 | 1 hour or more |

F143 Mild Exercise Frequency

MILD EXERCISE. For example, slow dancing, bowling, golf.

Variable # 35
Sas Name: MLEXFREQ_3
Sas Label: Days/wk of mild exercise
Type: Categorical

Usage Notes: none
Categories: Physical Activity

Values

| | |
|---|-------------------------|
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |

F143 Mild Exercise Duration

How long do you usually exercise like this at one time?

Variable # 36
Sas Name: MILDMINS_3
Sas Label: Min/day of mild exercise
Type: Categorical

Usage Notes: Sub-question of F143 V3 Q7.5 "Mild exercise".
Categories: Physical Activity

Values

| | |
|---|------------------|
| 1 | Less than 20 min |
| 2 | 20-39 min |
| 3 | 40-59 min |
| 4 | 1 hour or more |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Hours doing heavy chores

About how many hours each week do you usually spend doing heavy (strenuous) indoor household chores such as scrubbing floors, sweeping, or vacuuming?

Variable # 37

Sas Name: INDRCHOR_3

Sas Label: Hours doing heavy chores

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values

| | |
|---|------------------|
| 1 | Less than 1 hour |
| 2 | 1-3 hours |
| 3 | 4-6 hours |
| 4 | 7-9 hours |
| 5 | 10 or more hours |

F143 Months of yardwork

About how many months during the year do you usually do things in the yard, such as mowing, raking, gardening, or shoveling snow?

Variable # 38

Sas Name: YRDWORKM_3

Sas Label: Months doing yard work

Type: Categorical

Usage Notes: none

Categories: Physical Activity

Values

| | |
|---|-------------------|
| 1 | Less than 1 month |
| 2 | 1-3 months |
| 3 | 4-6 months |
| 4 | 7-9 months |
| 5 | 10 or more months |

F143 Hours per week of yardwork

When you do these things in the yard, how many hours each week do you do them?

Variable # 39

Sas Name: YRDWRKH_3

Sas Label: Hours in week doing yard work

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q9 "Months of yardwork".

Categories: Physical Activity

Values

| | |
|---|------------------|
| 1 | Less than 1 hour |
| 2 | 1-3 hours |
| 3 | 4-6 hours |
| 4 | 7-9 hours |
| 5 | 10 or more hours |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Hours sitting

During a usual day and night, about how many hours do you spend sitting? Be sure to include the time you spend sitting at work, sitting at the table eating, driving or riding in a car or bus, and sitting up watching TV or talking.

Variable # 40

Sas Name: SITTING_3

Sas Label: Number of hours spent sitting

Type: Categorical

Usage Notes: none

Categories: Physical Activity

| | |
|---------------|-------------------|
| Values | |
| 1 | Less than 4 hours |
| 2 | 4-5 hours |
| 3 | 6-7 hours |
| 4 | 8-9 hours |
| 5 | 10-11 hours |
| 6 | 12-13 hours |
| 7 | 14-15 hours |
| 8 | 16 or more hours |

F143 Sleeping or lying down

During a usual day and night, about how many hours do you spend sleeping or lying down? Be sure to include the time you spend sleeping or trying to sleep at night, resting or napping, and lying down watching TV.

Variable # 41

Sas Name: SLEEPING_3

Sas Label: Hours sleeping or lying down

Type: Categorical

Usage Notes: none

Categories: Lifestyle: Sleep
Physical Activity

| | |
|---------------|-------------------|
| Values | |
| 1 | Less than 4 hours |
| 2 | 4-5 hours |
| 3 | 6-7 hours |
| 4 | 8-9 hours |
| 5 | 10-11 hours |
| 6 | 12-13 hours |
| 7 | 14-15 hours |
| 8 | 16 or more hours |

F143 Strenuous exercise/age 5-9

5-9 years old?

Variable # 42

Sas Name: HDACT5_3

Sas Label: Strenuous activity every day 5-9 years old

Type: Categorical

Usage Notes: none

Categories: Physical Activity

| | |
|---------------|-------------------------|
| Values | |
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |
| 9 | Don't know |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Strenuous exercise/age 10-14

10-14 years old?

Variable # 43
Sas Name: HDACT10_3
Sas Label: Strenuous activity every day 10-14 years old
Type: Categorical

Usage Notes: none
Categories: Physical Activity

Values

| | |
|---|-------------------------|
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |
| 9 | Don't know |

F143 Strenuous exercise/age 15-19

15-19 years old?

Variable # 44
Sas Name: HDACT15_3
Sas Label: Strenuous activity every day 15-19 years old
Type: Categorical

Usage Notes: none
Categories: Physical Activity

Values

| | |
|---|-------------------------|
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |
| 9 | Don't know |

F143 Strenuous exercise/age 20-29

20-29 years old?

Variable # 45
Sas Name: HDACT20_3
Sas Label: Strenuous activity every day 20-29 years old
Type: Categorical

Usage Notes: none
Categories: Physical Activity

Values

| | |
|---|-------------------------|
| 0 | None |
| 1 | 1 day per week |
| 2 | 2 days per week |
| 3 | 3 days per week |
| 4 | 4 days per week |
| 5 | 5 or more days per week |
| 9 | Don't know |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Fry/butter

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Butter.

| | | | |
|-------------------|--------------------------|---------------------|-----------------|
| Variable # | 46 | Usage Notes: | none |
| Sas Name: | FRYBTTR_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Butter used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Fry/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Low calorie margarine

| | | | |
|-------------------|---|---------------------|-----------------|
| Variable # | 47 | Usage Notes: | none |
| Sas Name: | FRYLOMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Low calorie margarine used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Fry/stick margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Stick margarine.

| | | | |
|-------------------|-----------------------------------|---------------------|-----------------|
| Variable # | 48 | Usage Notes: | none |
| Sas Name: | FRYSTMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Stick margarine used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Fry/tub margarine

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Tub margarine.

| | | | |
|-------------------|---------------------------------|---------------------|-----------------|
| Variable # | 49 | Usage Notes: | none |
| Sas Name: | FRYTBMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Tub margarine used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

**F143 Fry/solid vegetable fat**

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Solid vegetable fat.

Variable # 50**Usage Notes:** none**Sas Name:** FRYVGFAT_3**Sas Label:** Solid vegetable fat used to fry foods**Categories:** Diet: Fats/Oils**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 Fry/shortening

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Shortening.

Variable # 51**Usage Notes:** none**Sas Name:** FRYSHORT_3**Sas Label:** Shortening used to fry foods**Categories:** Diet: Fats/Oils**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 Fry/olive oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Olive oil.

Variable # 52**Usage Notes:** none**Sas Name:** FRYOLIVE_3**Sas Label:** Olive oil used to fry foods**Categories:** Diet: Fats/Oils**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 Fry/canola oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Canola oil.

Variable # 53**Usage Notes:** none**Sas Name:** FRYCANOL_3**Sas Label:** Canola oil used to fry foods**Categories:** Diet: Fats/Oils**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub File Date: 07/19/2007 Structure: One row per participant Population: OS participants

F143 Fry/peanut oil

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Peanut oil.

| | | | |
|------------|------------------------------|--------------|-----------------|
| Variable # | 54 | Usage Notes: | none |
| Sas Name: | FRYPNUT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Peanut oil used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Fry/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Other vegetable oils.

| | | | |
|------------|--|--------------|-----------------|
| Variable # | 55 | Usage Notes: | none |
| Sas Name: | FRYVGOIL_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Other vegetable oils used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Fry/non-stick spray

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Non-stick spray.

| | | | |
|------------|-----------------------------------|--------------|-----------------|
| Variable # | 56 | Usage Notes: | none |
| Sas Name: | FRYSPRAY_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Non-stick spray used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Fry/other fats

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Other fat(s)

| | | | |
|------------|--------------------------------|--------------|-----------------|
| Variable # | 57 | Usage Notes: | none |
| Sas Name: | FRYOTFAT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Other fat(s) used to fry foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Fry/did not use fat

In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or saute foods? Did not Use Fat.

Variable # 58

Usage Notes: none

Sas Name: FRYWOFAT_3

Sas Label: No fat used to fry foods

Categories: Diet: Fats/Oils

Type: Categorical

Values

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 During/butter

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Butter

Variable # 59

Usage Notes: none

Sas Name: CKBTTR_3

Sas Label: Butter used to cook foods

Categories: Diet: Fats/Oils

Type: Categorical

Values

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 During/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Low calorie margarine

Variable # 60

Usage Notes: none

Sas Name: CKLOMRG_3

Sas Label: Low calorie margarine used to cook foods

Categories: Diet: Fats/Oils

Type: Categorical

Values

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 During/stick margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Stick margarine

Variable # 61

Usage Notes: none

Sas Name: CKSTMARG_3

Sas Label: Stick margarine used to cook foods

Categories: Diet: Fats/Oils

Type: Categorical

Values

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 During/tub margarine

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Tub margarine

| | | | |
|-------------------|----------------------------------|---------------------|-----------------|
| Variable # | 62 | Usage Notes: | none |
| Sas Name: | CKTBMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Tub margarine used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/solid vegetable fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Solid vegetable fat

| | | | |
|-------------------|--|---------------------|-----------------|
| Variable # | 63 | Usage Notes: | none |
| Sas Name: | CKVGFAT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Solid vegetable fat used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/shortening

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Shortening

| | | | |
|-------------------|-------------------------------|---------------------|-----------------|
| Variable # | 64 | Usage Notes: | none |
| Sas Name: | CKSHORT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Shortening used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/olive oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Olive oil

| | | | |
|-------------------|------------------------------|---------------------|-----------------|
| Variable # | 65 | Usage Notes: | none |
| Sas Name: | CKOLIVE_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Olive oil used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 During/canola oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Canola oil

| | | | |
|-------------------|-------------------------------|---------------------|-----------------|
| Variable # | 66 | Usage Notes: | none |
| Sas Name: | CKCANOL_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Canola oil used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/peanut oil

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Peanut oil

| | | | |
|-------------------|-------------------------------|---------------------|-----------------|
| Variable # | 67 | Usage Notes: | none |
| Sas Name: | CKPNUT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Peanut oil used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/other vegetable oils

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Other vegetable oils

| | | | |
|-------------------|---|---------------------|-----------------|
| Variable # | 68 | Usage Notes: | none |
| Sas Name: | CKVGOIL_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Other vegetable oils used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/non-stick spray

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Non-stick spray

| | | | |
|-------------------|------------------------------------|---------------------|-----------------|
| Variable # | 69 | Usage Notes: | none |
| Sas Name: | CKSPRAY_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Non-stick spray used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 During/other fats

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Other fat(s)

| | | | |
|-------------------|---------------------------------|---------------------|-----------------|
| Variable # | 70 | Usage Notes: | none |
| Sas Name: | CKOTFAT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Other fat(s) used to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 During/did not use fat

In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? Did not Use Fat

| | | | |
|-------------------|-------------------------------|---------------------|-----------------|
| Variable # | 71 | Usage Notes: | none |
| Sas Name: | CKWOFAT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Did not use fat to cook foods | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 After/butter

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Butter

| | | | |
|-------------------|----------------------------|---------------------|-----------------|
| Variable # | 72 | Usage Notes: | none |
| Sas Name: | ADDBTTR_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Butter added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 After/low calorie margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Low calorie margarine

| | | | |
|-------------------|---|---------------------|-----------------|
| Variable # | 73 | Usage Notes: | none |
| Sas Name: | ADDLOMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Low calorie margarine added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 After/stick margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Stick margarine

| | | | |
|-------------------|-------------------------------------|---------------------|-----------------|
| Variable # | 74 | Usage Notes: | none |
| Sas Name: | ADDSTMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Stick margarine added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 After/tub margarine

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Tub margarine

| | | | |
|-------------------|-----------------------------------|---------------------|-----------------|
| Variable # | 75 | Usage Notes: | none |
| Sas Name: | ADDTBMRG_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Tub margarine added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 After/olive oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Olive oil

| | | | |
|-------------------|-------------------------------|---------------------|-----------------|
| Variable # | 76 | Usage Notes: | none |
| Sas Name: | ADDOLIVE_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Olive oil added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 After/canola oil

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Canola oil

| | | | |
|-------------------|--------------------------------|---------------------|-----------------|
| Variable # | 77 | Usage Notes: | none |
| Sas Name: | ADDCANOL_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Canola oil added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

**F143 After/peanut oil**

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Peanut oil

Variable # 78**Usage Notes:** none**Sas Name:** ADDPNUT_3**Categories:** Diet: Fats/Oils**Sas Label:** Peanut oil added after cooking**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 After/other vegetable oils

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Other vegetable oils

Variable # 79**Usage Notes:** none**Sas Name:** ADDVGOIL_3**Categories:** Diet: Fats/Oils**Sas Label:** Other vegetable oils added after cooking**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 After/low fat sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Non-fat or low-fat sour cream

Variable # 80**Usage Notes:** none**Sas Name:** ADDLSCR_3**Categories:** Diet: Fats/Oils**Sas Label:** Non-fat or low-fat sour cream added after cooking**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 After/regular sour cream

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Regular sour cream

Variable # 81**Usage Notes:** none**Sas Name:** ADDRSCR_3**Categories:** Diet: Fats/Oils**Sas Label:** Regular sour cream added after cooking**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 After/other fats

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Other fat(s)

| | | | |
|-------------------|----------------------------------|---------------------|-----------------|
| Variable # | 82 | Usage Notes: | none |
| Sas Name: | ADDOTFAT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Other fat(s) added after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 After/did not use fat

In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? Did not use fat

| | | | |
|-------------------|-------------------------------|---------------------|-----------------|
| Variable # | 83 | Usage Notes: | none |
| Sas Name: | ADDNOFAT_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Did not use fat after cooking | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Breads/butter

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Butter

| | | | |
|-------------------|-------------------------------------|---------------------|-----------------|
| Variable # | 84 | Usage Notes: | none |
| Sas Name: | USEBTTR_3 | Categories: | Diet: Fats/Oils |
| Sas Label: | Butter used on breads, bagels, etc. | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Breads/low calorie margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Low calorie margarine

| | | | |
|-------------------|--|---------------------|------------------------------------|
| Variable # | 85 | Usage Notes: | none |
| Sas Name: | USELOMRG_3 | | |
| Sas Label: | Low calorie margarine used on breads, bagels, etc. | | Categories: Diet: Fats/Oils |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Breads/stick margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Stick margarine

Variable # 86 **Usage Notes:** none
Sas Name: USESTMRG_3
Sas Label: Stick margarine used on breads, bagels, etc. **Categories:** Diet: Fats/Oils
Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Breads/tub margarine

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Tub margarine

Variable # 87 **Usage Notes:** none
Sas Name: USETBMRG_3
Sas Label: Tub margarine used on breads, bagels, etc. **Categories:** Diet: Fats/Oils
Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Breads/olive oil

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Olive oil

Variable # 88 **Usage Notes:** none
Sas Name: USEOLIVE_3
Sas Label: Olive oil used on breads, bagels, etc. **Categories:** Diet: Fats/Oils
Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Breads/other fats

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Other fat(s)

Variable # 89 **Usage Notes:** none
Sas Name: USEOTFAT_3
Sas Label: Other fat(s) used on breads, bagels, etc. **Categories:** Diet: Fats/Oils
Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Breads/did not use fat

In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? Did not use fat

Variable # 90
Sas Name: USENOFAT_3
Sas Label: Did not use fat on breads, bagels, etc.
Type: Categorical

Usage Notes: none
Categories: Diet: Fats/Oils

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Regular instant coffee

Regular instant (not decaf) coffee (cups)

Variable # 91
Sas Name: CFINSTNT_3
Sas Label: Regular instant coffee
Type: Categorical

Usage Notes: none
Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |

F143 Regular espresso

Regular (not decaf) espresso or latte (cups)

Variable # 92
Sas Name: CFLATTE_3
Sas Label: Espresso or latte
Type: Categorical

Usage Notes: none
Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Regular drip coffee

Other regular drip coffee (not decaf) - drip, coffee maker, etc. (cups)

| | |
|-------------------------------|--|
| Variable # 93 | Usage Notes: none |
| Sas Name: CFOTHDRP_3 | |
| Sas Label: Drip coffee | Categories: Diet: Coffee/Tea Lifestyle: Coffee/Tea |
| Type: Categorical | |

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |

F143 Decaf coffee

Decaf coffee - any type (cups)

| | |
|--------------------------------|--|
| Variable # 94 | Usage Notes: none |
| Sas Name: CFDECAF_3 | |
| Sas Label: Decaf coffee | Categories: Diet: Coffee/Tea Lifestyle: Coffee/Tea |
| Type: Categorical | |

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Regular tea

Regular tea (not herbal, not decaf) (cups)

Variable # 95

Sas Name: CFREGTEA_3

Sas Label: Tea

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |

F143 Herbal tea

Herbal tea (cups)

Variable # 96

Sas Name: CFHRBTEA_3

Sas Label: Herbal tea

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub File Date: 07/19/2007 Structure: One row per participant Population: OS participants

F143 Decaf tea

Decaf tea (cups)

Variable # 97

Sas Name: CFDCFTEA_3

Sas Label: Decaf tea

Type: Categorical

Usage Notes: none

Categories: Diet: Coffee/Tea
Lifestyle: Coffee/Tea

| | |
|--------|--------------------------------|
| Values | |
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |

F143 Tap water

Water from the tap (8 ounce glasses)

Variable # 98

Sas Name: TAPWATER_3

Sas Label: Tap water

Type: Categorical

Usage Notes: none

Categories: Diet

| | |
|--------|--------------------------------|
| Values | |
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Bottled water

Bottled water, carbonated or plain (8 ounce glasses)

Variable # 99

Usage Notes: none

Sas Name: BOTLDWTR_3

Categories: Diet

Sas Label: Bottled water

Type: Categorical

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |

F143 Diet drinks

Diet drinks, such as Diet Coke or diet fruit drinks (12 ounce cans)

Variable # 100

Usage Notes: none

Sas Name: DIETDRNK_3

Categories: Diet

Sas Label: Diet drinks

Type: Categorical

Values

| | |
|---|--------------------------------|
| 1 | Never or less than 1 per month |
| 2 | 1-3 per month |
| 3 | 1 per week |
| 4 | 2-4 per week |
| 5 | 5-6 per week |
| 6 | 1 per day |
| 7 | 2-3 per day |
| 8 | 4-5 per day |
| 9 | 6 or more per day |

F143 Alcohol in past 3 months

During the past 3 months, have you had any drinks containing alcohol?

Variable # 101

Usage Notes: none

Sas Name: ALC3MO_3

Categories: Diet: Alcohol
Lifestyle: Alcohol

Sas Label: Drinks containing alcohol

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 How often had alcohol

In the past 3 months, how often have you had drinks containing alcohol?

Variable # 102**Sas Name:** ALCOFTEN_3**Sas Label:** Alcohol - how often**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q18 "Alcohol in past 3 months" (skip pattern rule not applied). Question 18 recoded to yes if any of q18.1-q18.3 is marked.**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|------------------------------|
| 1 | One day per month or less |
| 2 | 2-3 days per month |
| 3 | 1-2 days per week |
| 4 | 3-4 days per week |
| 5 | 5-6 days per week |
| 6 | Every day or about every day |

F143 Drinks per day

In the past 3 months, on the days you drank, how many drinks did you usually have per day? (A drink is a 12 ounce glass of beer, one 4 ounce glass of wine, or one shot [1 1/4 oz.] of liquor)

Variable # 103**Sas Name:** DRNKSDAY_3**Sas Label:** Drinks per day**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q18 "Alcohol in past 3 months" (skip pattern rule not applied).**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|-------------------|
| 1 | 1 drink |
| 2 | 2 drinks |
| 3 | 3 drinks |
| 4 | 4-5 drinks |
| 5 | 6-7 drinks |
| 6 | 8-9 drinks |
| 7 | 10-11 drinks |
| 8 | 12 or more drinks |

F143 Drinks not around a meal

In the past 3 months, on the days you drank, how many of those drinks did you usually drink that were not around a major meal (not around lunch, not around dinner)?

Variable # 104**Sas Name:** NOMLDRNK_3**Sas Label:** Drinks not around major meal**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q18 "Alcohol in past 3 months"(skip pattern rule not applied).**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|-------------------|
| 0 | None |
| 1 | 1 drink |
| 2 | 2 drinks |
| 3 | 3 drinks |
| 4 | 4-5 drinks |
| 5 | 6-7 drinks |
| 6 | 8-9 drinks |
| 7 | 10-11 drinks |
| 8 | 12 or more drinks |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Drink more on special occasion

Do you drink more than usual for special occasions?

Variable # 105

Sas Name: SPECOCES_3

Sas Label: Drink on special occasions

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months" (skip pattern rule applied to recoded question 18 - "Alcohol last 3 months").**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 How often drink more on special occasions

How often does this happen?

Variable # 106

Sas Name: SPCOCOFT_3

Sas Label: How often drink more on special occasions

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q18 "Alcohol in past 3 months" Sub-question of F143 V3 Q18.4 "Drink more on special occasion" (skip pattern rule applied using recoded question 18 - "Alcohol last 3 months").**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|--------------------------|
| 1 | Less than once per month |
| 2 | Once a month |
| 3 | 2-3 times per month |
| 4 | Once a week or more |

F143 Have you changed your drinking habits

Since you enrolled in this study, have you changed your drinking habits?

Variable # 107

Sas Name: AHABCHNG_3

Sas Label: Changed drinking habits

Type: Categorical

Usage Notes: none**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 How have you changed your drinking habits

How have you changed your alcohol drinking? Have you:

Variable # 108

Sas Name: AHOWCHNG_3

Sas Label: How changed

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q19 "Changed drinking habits".**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Values**

| | |
|---|-----------|
| 1 | Stopped |
| 2 | Decreased |
| 3 | Increased |
| 4 | Started |

**F143 Why did you change your drinking habits**

Why did you make this change? (Mark one.)

Variable # 109**Usage Notes:** Sub-question of F143 V3 Q19 "Changed drinking habits".**Sas Name:** AWHYCHNG_3**Categories:** Diet: Alcohol
Lifestyle: Alcohol**Sas Label:** Why changed**Type:** Categorical**Values**

| | |
|---|-----------------------------------|
| 1 | Concern about current/past health |
| 2 | Concern about future health |
| 8 | Other |

F143 Smoke cigarettes now

Do you smoke cigarettes now?

Variable # 110**Usage Notes:** none**Sas Name:** SMOKENW_3**Categories:** Lifestyle: Smoking**Sas Label:** Smoke cigarettes**Type:** Categorical**Values**

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Cigarettes per day

How many cigarettes do you usually smoke each day? (Mark one.)

Variable # 111**Usage Notes:** Sub-question of F143 V3 Q20 "Smoke cigarettes now".**Sas Name:** CIGSDAY_3**Categories:** Lifestyle: Smoking**Sas Label:** How many cigarettes/day**Type:** Categorical**Values**

| | |
|---|-------------|
| 1 | Less than 5 |
| 2 | 5-14 |
| 3 | 15-24 |
| 4 | 25-34 |
| 5 | 35-44 |
| 6 | 45 or more |

F143 Living with inside smoker

Does anyone living with you now smoke cigarettes regularly inside your home?

Variable # 112**Usage Notes:** none**Sas Name:** LIVSMK_3**Categories:** Lifestyle: Smoking**Sas Label:** Anyone living w/you smoke**Type:** Categorical**Values**

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Husband smokes inside

Please mark all the people who live with you who now smoke cigarettes regularly inside your home: Husband or partner

| | | | |
|-------------------|-----------------------------------|---------------------|--|
| Variable # | 113 | Usage Notes: | Sub-question of F143 V3 Q21 "Living with inside smoker". |
| Sas Name: | HSBNDSMK_3 | Categories: | Lifestyle: Smoking |
| Sas Label: | Husband or partner in home smokes | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Son/daughter smokes inside

Please mark all the people who live with you who now smoke cigarettes regularly inside your home: Son(s) or daughter(s)

| | | | |
|-------------------|--------------------------------|---------------------|--|
| Variable # | 114 | Usage Notes: | Sub-question of F143 V3 Q21 "Living with inside smoker". |
| Sas Name: | CHILDSMK_3 | Categories: | Lifestyle: Smoking |
| Sas Label: | Son or daughter in home smokes | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Other person smokes inside

Please mark all the people who live with you who now smoke cigarettes regularly inside your home: Other person/people

| | | | |
|-------------------|------------------------------------|---------------------|--|
| Variable # | 115 | Usage Notes: | Sub-question of F143 V3 Q21 "Living with inside smoker". |
| Sas Name: | OTHSMK_3 | Categories: | Lifestyle: Smoking |
| Sas Label: | Other person/people in home smokes | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Work where people smoke

Do you now work in a space where people smoke cigarettes?

| | | | |
|-------------------|-------------------------|---------------------|--------------------|
| Variable # | 116 | Usage Notes: | none |
| Sas Name: | SMKWORK_3 | Categories: | Lifestyle: Smoking |
| Sas Label: | Work w/people who smoke | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Current job status - Not working

What is your current job status? Not Working

| | | | |
|-------------------|-------------|---------------------|--------------------------------------|
| Variable # | 117 | Usage Notes: | none |
| Sas Name: | NOTWRK_3 | Categories: | Demographic: Work Lifestyle: Work |
| Sas Label: | Not working | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Current job status - Retired

What is your current job status? Retired

| | | | |
|-------------------|-------------|---------------------|--------------------------------------|
| Variable # | 118 | Usage Notes: | none |
| Sas Name: | RETIRED_3 | Categories: | Demographic: Work Lifestyle: Work |
| Sas Label: | Retired | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Current job status - Homemaker

What is your current job status? Homemaker, raising children, care of others

| | | | |
|-------------------|-------------|---------------------|--------------------------------------|
| Variable # | 119 | Usage Notes: | none |
| Sas Name: | HOMEMKR_3 | Categories: | Demographic: Work Lifestyle: Work |
| Sas Label: | Homemaker | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Current job status - Employed

What is your current job status? Employed (full-time or part-time)

| | | | |
|-------------------|-------------|---------------------|--------------------------------------|
| Variable # | 120 | Usage Notes: | none |
| Sas Name: | EMPLOYED_3 | Categories: | Demographic: Work Lifestyle: Work |
| Sas Label: | Employed | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Current job status - Disabled

What is your current job status? Disabled, unable to work

Variable # 121

Usage Notes: none

Sas Name: DISABLED_3

Sas Label: Disabled

Categories: Demographic: Work
Lifestyle: Work

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Current job status - Other

What is your current job status?

Variable # 122

Usage Notes: none

Sas Name: OTHWRK_3

Sas Label: Other

Categories: Demographic: Work
Lifestyle: Work

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Marital status

What is your current marital status? (Mark the one that best describes you.)

Variable # 123

Usage Notes: none

Sas Name: MARITAL_3

Sas Label: Marital status

Categories: Demographic

Type: Categorical

Values

| | |
|---|--------------------------------------|
| 1 | Never married |
| 2 | Divorced/separated |
| 3 | Widowed |
| 4 | Presently married |
| 5 | Living in marriage-like relationship |

F143 Husband job/not working

What is your husband's (partner's) current job status? Not Working

Variable # 124

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Sas Name: PNOTWRK_3

Sas Label: Not working

Categories: Family: Spouse/Partner Demographics

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Husband job/retired

What is your husband's (partner's) current job status? Retired

| | | | |
|-------------------|-------------|---------------------|---|
| Variable # | 125 | Usage Notes: | Sub-question of F143 V3 Q24 "Marital status". |
| Sas Name: | PRETIRED_3 | Categories: | Family: Spouse/Partner Demographics |
| Sas Label: | Retired | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Husband job/homemaker

What is your husband's (partner's) current job status? Homemaker

| | | | |
|-------------------|-------------|---------------------|---|
| Variable # | 126 | Usage Notes: | Sub-question of F143 V3 Q24 "Marital status". |
| Sas Name: | PHOMEMKR_3 | Categories: | Family: Spouse/Partner Demographics |
| Sas Label: | Homemaker | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Husband job/employed

What is your husband's (partner's) current job status? Employed

| | | | |
|-------------------|-------------|---------------------|---|
| Variable # | 127 | Usage Notes: | Sub-question of F143 V3 Q24 "Marital status". |
| Sas Name: | PEMPLOY_3 | Categories: | Family: Spouse/Partner Demographics |
| Sas Label: | Employed | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Husband job/disabled

What is your husband's (partner's) current job status? Disabled

| | | | |
|-------------------|-------------|---------------------|---|
| Variable # | 128 | Usage Notes: | Sub-question of F143 V3 Q24 "Marital status". |
| Sas Name: | PDISABLE_3 | Categories: | Family: Spouse/Partner Demographics |
| Sas Label: | Disabled | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Husband job/other

What is your husband's (partner's) current job status? Other

Variable # 129

Sas Name: POTHWRK_3

Sas Label: Other

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q24 "Marital status".

Categories: Family: Spouse/Partner Demographics

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Total family income

What was the total family income (before taxes) from all sources within your household in the last year? (Mark the one that is the best guess)

Variable # 130

Sas Name: INCOME_3

Sas Label: Family income

Type: Categorical

Usage Notes: none

Categories: Demographic
Family: Spouse/Partner Demographics

Values

| | |
|---|------------------------|
| 1 | Less than \$10,000 |
| 2 | \$10,000 to \$19,999 |
| 3 | \$20,000 to \$34,999 |
| 4 | \$35,000 to \$49,999 |
| 5 | \$50,000 to \$74,999 |
| 6 | \$75,000 to \$99,999 |
| 7 | \$100,000 to \$149,999 |
| 8 | \$150,000 or more |
| 9 | Don't know |

F143 Do you have a usual health care provider

Do you have a clinic, doctor, nurse or physician assistant who provides your usual medical care?

Variable # 131

Sas Name: CAREPROV_3

Sas Label: Medical care

Type: Categorical

Usage Notes: none

Categories: Health Care

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 When did you last visit health care provider

When did you last visit this clinic or person? (Please give your best guess.)

| | | | |
|-------------------|----------------------|---------------------|--|
| Variable # | 132 | Usage Notes: | Sub-question of F143 V3 Q26 "Has usual med care provider". |
| Sas Name: | LSTVIS_3 | Categories: | Health Care |
| Sas Label: | Last visit | | |
| Type: | Categorical | | |
| Values | | | |
| 1 | In the last 3 months | | |
| 2 | 4-6 months ago | | |
| 3 | 7-12 months ago | | |
| 4 | Over a year ago | | |

F143 Has your usual health care provider changed

Has your usual health care provider changed in the past 3 years?

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 133 | Usage Notes: | Sub-question of F143 V3 Q26 "Has usual med care provider". |
| Sas Name: | NEWDR3Y_3 | Categories: | Health Care |
| Sas Label: | Health care provider changed | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Do you currently have health insurance

Do you currently have health insurance? This includes pre-paid private insurance such as a Health Maintenance Organization (HMO), other private insurance, Medicare, Medicaid (including State Medical Assistance, Medi-Cal or DPA), Military or VA coverage.

| | | | |
|-------------------|------------------|---------------------|------------------------|
| Variable # | 134 | Usage Notes: | none |
| Sas Name: | HLTHINSR_3 | Categories: | Health Care: Insurance |
| Sas Label: | Health insurance | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Current health insurance description

Which of the following best describes the doctors and hospitals covered by your current health insurance? (Mark one.)

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 135 | Usage Notes: | Sub-question of F143 V3 Q27 "Has health insurance now". |
| Sas Name: | DRSCVRED_3 | Categories: | Health Care: Insurance |
| Sas Label: | Doctors, hospitals covered | | |
| Type: | Categorical | | |
| Values | | | |
| 1 | Benefits same for any doctor or hospital | | |
| 2 | Pay more for those not on a list | | |
| 3 | Must use only those on a list | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Pre-paid private insurance

Pre-paid private insurance, such as a Health Maintenance Organization (HMO), Kaiser Permanente or other Group Health-type plan?

Variable # 136

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".

Sas Name: INSPREPD_3

Categories: Health Care: Insurance

Sas Label: Pre-paid private insurance

Type: Categorical

Values

0 No

1 Yes

F143 Pre-paid/employer

Who pays for this insurance? (Mark all that apply.) Costs are paid by my employer or my spouse's employer

Variable # 137

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.1 "Pre-paid private insurance".

Sas Name: PPEMPD_3

Categories: Health Care: Insurance

Sas Label: Employer pays for pre-paid insurance

Type: Categorical

Values

0 No

1 Yes

F143 Pre-paid/self

Who pays for this insurance? (Mark all that apply.) Costs are paid by me

Variable # 138

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.1 "Pre-paid private insurance".

Sas Name: PPMEDPD_3

Categories: Health Care: Insurance

Sas Label: I pay for pre-paid insurance

Type: Categorical

Values

0 No

1 Yes

F143 Pre-paid/Medicare

Who pays for this insurance? (Mark all that apply.) Medicare

Variable # 139

Usage Notes: Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.1 "Pre-paid private insurance".

Sas Name: PPMEDPD_3

Categories: Health Care: Insurance

Sas Label: Medicare pays for pre-paid insurance

Type: Categorical

Values

0 No

1 Yes



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Other private insurance

Other private insurance such as Blue Cross, Aetna, etc.?

Variable # 140**Usage Notes:** Sub-question of F143 V3 Q27 "Has health insurance now".**Sas Name:** INSOTHPV_3**Categories:** Health Care: Insurance**Sas Label:** Other private insurance**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 Other ins/employer

Who pays for this insurance? (Mark all that apply.) Costs are paid by my employer or my spouse's employer

Variable # 141**Usage Notes:** Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.3 "Other private insurance".**Sas Name:** PRVEMPPD_3**Categories:** Health Care: Insurance**Sas Label:** Employer pays for other private insurance**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 Other ins/self

Who pays for this insurance? (Mark all that apply.) Costs are paid by me

Variable # 142**Usage Notes:** Sub-question of F143 V3 Q27 "Has health insurance now".
Sub-question of F143 V3 Q28.3 "Other private insurance".**Sas Name:** PRVMEPD_3**Categories:** Health Care: Insurance**Sas Label:** I pay for other private insurance**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|

F143 Medicare

Medicare?

Variable # 143**Usage Notes:** Sub-question of F143 V3 Q27 "Has health insurance now".**Sas Name:** INSMEDCR_3**Categories:** Health Care: Insurance**Sas Label:** Medicare**Type:** Categorical**Values**

| | |
|---|----|
| 0 | No |
|---|----|

| | |
|---|-----|
| 1 | Yes |
|---|-----|



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Ins to supplement Medicare

Do you have additional coverage to supplement your Medicare benefits?

| | | | |
|-------------------|---------------------|---------------------|--|
| Variable # | 144 | Usage Notes: | Sub-question of F143 V3 Q27 "Has health insurance now". Sub-question of F143 V3 Q28.5 "Medicare". |
| Sas Name: | MEDADDCV_3 | Categories: | Health Care: Insurance |
| Sas Label: | Additional coverage | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Medicaid or medical assistance

Medicaid, including State Medical Assistance, Medi-Cal, or DPA?

| | | | |
|-------------------|-------------|---------------------|---|
| Variable # | 145 | Usage Notes: | Sub-question of F143 V3 Q27 "Has health insurance now". |
| Sas Name: | INSMDCAD_3 | Categories: | Health Care: Insurance |
| Sas Label: | Medicaid | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Military or VA-sponsored

Military or Veterans Administration-sponsored?

| | | | |
|-------------------|----------------|---------------------|---|
| Variable # | 146 | Usage Notes: | Sub-question of F143 V3 Q27 "Has health insurance now". |
| Sas Name: | INSMLTRY_3 | Categories: | Health Care: Insurance |
| Sas Label: | Military or VA | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Other insurance

Other?

| | | | |
|-------------------|-------------|---------------------|---|
| Variable # | 147 | Usage Notes: | Sub-question of F143 V3 Q27 "Has health insurance now". |
| Sas Name: | INSOTHER_3 | Categories: | Health Care: Insurance |
| Sas Label: | Other | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Natural hormones in past 2 yrs

In the past 2 years, did you use any "natural" hormones that you can get without a doctor's prescription? They may be in the form of a pill, vaginal cream or suppository, or skin cream.

Variable # 148

Usage Notes: none

Sas Name: NATHOR2_3

Sas Label: "Natural" hormones

Categories: Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

| | |
|---|------------|
| 0 | No |
| 1 | Yes |
| 9 | Don't know |

F143 Natural/wild yam or prog cream

In the past 2 years, what types of "natural" hormones have you used? Wild yam or progesterone creams

Variable # 149

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: YAMCRM2_3

Sas Label: Used wild yam or progesterone creams

Categories: Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Natural/wild yam pills

In the past 2 years, what types of "natural" hormones have you used? Wild yam pills

Variable # 150

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: YAMPLS2_3

Sas Label: Used wild yam pills

Categories: Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |

F143 Natural/Progest suppositories

In the past 2 years, what types of "natural" hormones have you used? Progesterone suppositories

Variable # 151

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: PRGSUP2_3

Sas Label: Used progsterone suppositories

Categories: Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

| | |
|---|-----|
| 0 | No |
| 1 | Yes |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Natural/DHEA pills

In the past 2 years, what types of "natural" hormones have you used? DHEA (dehydroepiandrosterone) pills

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 152 | Usage Notes: | Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs". |
| Sas Name: | DHEAPL2_3 | Categories: | Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Used DHEA (dehydroepiandrosterone) pills | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Natural/Phytoestrogen pills

In the past 2 years, what types of "natural" hormones have you used? Phytoestrogen pills (soy or flax)

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 153 | Usage Notes: | Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs". |
| Sas Name: | PHYPLS2_3 | Categories: | Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Used Phytoestrogen pills (soy or flax) | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Natural/Phytoestrogen creams

In the past 2 years, what types of "natural" hormones have you used? Phystoestrogen creams (soy or flax)

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 154 | Usage Notes: | Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs". |
| Sas Name: | PHYCRM2_3 | Categories: | Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Used Phystoestrogen creams (soy or flax) | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |

F143 Natural/Phytoestrogen foods

In the past 2 years, what types of "natural" hormones have you used? Phytoestrogen containing foods (tofu, soybeans)

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 155 | Usage Notes: | Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs". |
| Sas Name: | PHYFDS2_3 | Categories: | Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Used Phytoestrogen containing foods (tofu, soybeans) | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Natural/Other

In the past 2 years, what types of "natural" hormones have you used? Used other natural hormones

Variable # 156

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: NTOTHR2_3

Sas Label: Used other natural hormones

Categories: Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

0 No

1 Yes

F143 Natural/Don't know

In the past 2 years, what types of "natural" hormones have you used? Don't know

Variable # 157

Usage Notes: Sub-question of F143 V3 Q29 "Natural hormones in past 2 yrs".

Sas Name: NTDNTK2_3

Sas Label: Used unknown natural hormone

Categories: Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

0 No

1 Yes

F143 Used female hormones

In the past 2 years, did you use female hormones (ESTROGEN or PROGESTERONE) that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shot, or vaginal cream or suppository.)

Variable # 158

Usage Notes: none

Sas Name: HRPST2YR_3

Sas Label: Female hormones

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

0 No

1 Yes

9 Don't know

F143 Combined estr/prog pills

In the past 2 years, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill or package (for example Prempro, Premphase)?

Variable # 159

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".

Sas Name: EPPL_3

Sas Label: Estrogen and Progestin pills

Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Type: Categorical

Values

0 No

1 Yes

9 Don't know



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Months used estr+prog pills

In the past 2 years, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and PROGESTIN?

Variable # 160**Sas Name:** EPDUR_3**Sas Label:** Estrogen and Progestin - how many months**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q31 "Combined estr/prog pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-------------------|
| 1 | Less than 1 month |
| 2 | 1-6 months |
| 3 | 7-10 months |
| 4 | 11-12 months |
| 5 | 13-18 months |
| 6 | 19-24 months |

F143 Combined estr/testost pills

In the past 2 years, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

Variable # 161**Sas Name:** ETPL_3**Sas Label:** Estrogen and Testosterone pills**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|------------|
| 0 | No |
| 1 | Yes |
| 9 | Don't know |

F143 Months used estr+test pills

In the past 2 years, how many months did you use COMBINED female hormone pills which contained both ESTROGEN and TESTOSTERONE?

Variable # 162**Sas Name:** ETDUR_3**Sas Label:** Estrogen and Testosterone pills - how many months**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q32 "Combined estr/testost pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-------------------|
| 1 | Less than 1 month |
| 2 | 1-6 months |
| 3 | 7-10 months |
| 4 | 11-12 months |
| 5 | 13-18 months |
| 6 | 19-24 months |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Estr+test pill used longest

In the past 2 years, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

Variable # 163**Sas Name:** ETTYPE_3**Sas Label:** Estrogen and Testosterone - what type**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q32 "Combined estr/testost pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

1 Estratest

2 Estratest HS

8 Other

F143 Used estrogen pills

In the past 2 years, did you use ESTROGEN PILLS which were prescribed by a doctor (for example, Premarin, Estrace, Ogen)? (Do not include the combined pill of estrogen and progestin or the combined pill of estrogen and testosterone.)

Variable # 164**Sas Name:** EPL_3**Sas Label:** Estrogen pills**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

0 No

1 Yes

9 Don't know

F143 Months used estrogen pills

In the past 2 years, how many months did you use ESTROGEN PILLS?

Variable # 165**Sas Name:** EPLDUR_3**Sas Label:** Estrogen pills - how many months**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

1 Less than 1 month

2 1-6 months

3 7-10 months

4 11-12 months

5 13-18 months

6 19-24 months



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Estrogen pills days per month

In the past 2 years, when you were using ESTROGEN pills, what was the average number of days each month you used the pills?

Variable # 166**Sas Name:** EPLDAYS_3**Sas Label:** Estrogen pills - average number of days**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-----------------|
| 0 | Less than 1 day |
| 1 | 1-7 days |
| 2 | 8-14 days |
| 3 | 15-21 days |
| 4 | 22-27 days |
| 5 | 28 or more days |

F143 Estrogen pills used longest

In the past 2 years, what type of ESTROGEN pill did you use the longest?

Variable # 167**Sas Name:** EPLTYPE_3**Sas Label:** Estrogen pills used longest**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-----------------------------------|
| 1 | Premarin or conj equine estrogens |
| 2 | Estrace |
| 3 | Ogen |
| 8 | Other |
| 9 | Don't know |

F143 Estrogen pill dose per day

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 168**Sas Name:** EPLDOSE_3**Sas Label:** Estrogen pills - dosage**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q33 "Used estrogen pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|------------|
| 1 | 0.3 mg |
| 2 | 0.625 mg |
| 3 | 0.9 mg |
| 4 | 1 mg |
| 5 | 1.25 mg |
| 6 | 2 mg |
| 7 | 2.5 mg |
| 8 | Other |
| 9 | Don't know |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Took estrogen shots

In the past 2 years, did you take shots containing the hormone ESTROGEN?

| | | | |
|-------------------|----------------|---------------------|---|
| Variable # | 169 | Usage Notes: | Sub-question of F143 V3 Q30 "Used female hormones". |
| Sas Name: | ESHT_3 | Categories: | Medical History: Medications Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Estrogen shots | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |
| 9 | Don't know | | |

F143 Months took estrogen shots

In the past 2 years, how many months did you take the shots? (Count each shot as one month.)

| | | | |
|-------------------|----------------------------------|---------------------|---|
| Variable # | 170 | Usage Notes: | Sub-question of F143 V3 Q30 "Used female hormones". Sub-question of F143 V3 Q34 "Took estrogen shots". |
| Sas Name: | ESHTDUR_3 | Categories: | Medical History: Medications Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Estrogen shots - how many months | | |
| Type: | Categorical | | |
| Values | | | |
| 1 | Less than 1 month | | |
| 2 | 1-6 months | | |
| 3 | 7-10 months | | |
| 4 | 11-12 months | | |
| 5 | 13-18 months | | |
| 6 | 19-24 months | | |

F143 Used estrogen in vaginal cream

In the past 2 years, did you use a vaginal cream or suppository containing ESTROGEN which was prescribed by a doctor?

| | | | |
|-------------------|---------------------------------------|---------------------|---|
| Variable # | 171 | Usage Notes: | Sub-question of F143 V3 Q30 "Used female hormones". |
| Sas Name: | ECRM_3 | Categories: | Medical History: Medications Medical History: Reproductive Reproductive: Hormones |
| Sas Label: | Estrogen vaginal cream or suppository | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes | | |
| 9 | Don't know | | |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Months used vaginal estrogen

In the past 2 years, how many months did you use the vaginal cream or suppository?

Variable # 172**Sas Name:** ECRMDUR_3**Sas Label:** Estrogen vaginal cream or suppository - how many months**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q35 "Used estrogen in vaginal cream".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-------------------|
| 1 | Less than 1 month |
| 2 | 1-6 months |
| 3 | 7-10 months |
| 4 | 11-12 months |
| 5 | 13-18 months |
| 6 | 19-24 months |

F143 Used estrogen skin patch

In the past 2 years, did you use a SKIN PATCH containing the hormone ESTROGEN with or without PROGESTERONE (for example, Estraderm, Climera, Vivelle)?

Variable # 173**Sas Name:** EPCH_3**Sas Label:** Skin patch**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
On forms 146-148 this variable reflects non-combination estrogen use only.**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|------------|
| 0 | No |
| 1 | Yes |
| 9 | Don't know |

F143 Months used skin patch

In the past 2 years, how many months did you use the patch?

Variable # 174**Sas Name:** EPCHDUR_3**Sas Label:** Skin patch - how many months**Type:** Categorical**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-------------------|
| 1 | Less than 1 month |
| 2 | 1-6 months |
| 3 | 7-10 months |
| 4 | 11-12 months |
| 5 | 13-18 months |
| 6 | 19-24 months |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Skin patch used longest

In the past 2 years, what type of patch did you use the longest?

Variable # 175
Sas Name: EPCHTYPE_3
Sas Label: Skin patch - what type
Type: Categorical

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

| | |
|---|----------------------------|
| 1 | Estrogen |
| 2 | Estrogen plus progesterone |
| 8 | Other |
| 9 | Don't know |

F143 Skin patch dose

What dose of ESTROGEN was in the skin patch you usually used?

Variable # 176
Sas Name: EPCHDOSE_3
Sas Label: Skin patch - dosage
Type: Categorical

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

| | |
|---|------------|
| 1 | 0.05 mg |
| 2 | 0.1 mg |
| 8 | Other |
| 9 | Don't know |

F143 Skin patch changed per week

What was the average number of times each week that you changed your skin patch?

Variable # 177
Sas Name: EPCHCHNG_3
Sas Label: Skin patch - times changed per week
Type: Categorical

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q36 "Used estrogen skin patch".
Categories: Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones

Values

| | |
|---|---------------------------|
| 1 | Less than once each week |
| 2 | 1-2 times each week |
| 3 | 3-4 times each week |
| 4 | 5 or more times each week |

**F143 Used progesterone pills**

In the past 2 years, did you use the female hormone PILL called PROGESTERONE or progestin (for example, Provera, Cycrin, Amen, Megace)? (Do not include the combined pill of estrogen and progestin.)

Variable # 178**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".**Sas Name:** PPL_3**Sas Label:** Progesterone**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

| | |
|---|------------|
| 0 | No |
| 1 | Yes |
| 9 | Don't know |

F143 Months used progest pills

In the past 2 years, how many months did you use PROGESTERONE or PROGESTIN pills?

Variable # 179**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".**Sas Name:** PPLDUR_3**Sas Label:** Progesterone - how many months**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

| | |
|---|-------------------|
| 1 | Less than 1 month |
| 2 | 1-6 months |
| 3 | 7-10 months |
| 4 | 11-12 months |
| 5 | 13-18 months |
| 6 | 19-24 months |

F143 Progest pills days per month

In the past 2 years, when you were using PROGESTERONE or PROGESTIN pills, what was the average number of days each month you used the pills?

Variable # 180**Usage Notes:** Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".**Sas Name:** PPLDAY_3**Sas Label:** Progesterone - average number days per month**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Type:** Categorical**Values**

| | |
|---|-----------------|
| 1 | Less than 1 day |
| 2 | 1-9 days |
| 3 | 10-12 days |
| 4 | 13-18 days |
| 5 | 19-27 days |
| 6 | 28 or more days |



Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub

File Date: 07/19/2007

Structure: One row per participant

Population: OS participants

F143 Progest pills used longest

In the past year, what type of PROGESTERONE or PROGESTIN pill did you use the longest?

Variable # 181

Sas Name: PPLTYPE_3

Sas Label: Progesterone - what type

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-------------------------|
| 1 | Provera, Cyocrin, Amen |
| 2 | Megace |
| 3 | Micronized progesterone |
| 8 | Other |
| 9 | Don't know |

F143 Progest pill dose per day

What dose did you usually take each day? (Mark one. If you regularly take more than one dose, mark the lowest dose.)

Variable # 182

Sas Name: PPLDOSE_3

Sas Label: Progesterone - dosage

Type: Categorical

Usage Notes: Sub-question of F143 V3 Q30 "Used female hormones".
Sub-question of F143 V3 Q37 "Used progesterone pills".**Categories:** Medical History: Medications
Medical History: Reproductive
Reproductive: Hormones**Values**

| | |
|---|-----------------|
| 1 | 2.5 mg |
| 2 | 5 mg |
| 3 | 7.5 mg |
| 4 | 10 mg |
| 5 | 20 mg |
| 6 | 40 mg |
| 7 | More than 40 mg |
| 8 | Other |
| 9 | Don't know |

F143 Cataracts

Cataract(s)

Variable # 183

Sas Name: CATARACT_3

Sas Label: Cataracts

Type: Categorical

Usage Notes: none**Categories:** Medical History: Other Disease/Condition**Values**

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Macular degeneration of retina

Macular degeneration of the retina

Variable # 184
Sas Name: MACDEGNR_3
Sas Label: Macular degeneration of retina
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Asthma

Asthma

Variable # 185
Sas Name: ASTHMA_3
Sas Label: Asthma
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Emphysema / chronic bronchitis

Emphysema or chronic bronchitis

Variable # 186
Sas Name: EMPHYSEM_3
Sas Label: Emphysema / chronic bronchitis
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Heart failure

Heart failure or congestive heart failure

Variable # 187
Sas Name: CHF_3
Sas Label: Heart failure
Type: Categorical

Usage Notes: none
Categories: Medical History: Cardiovascular

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Angina

Angina (chest pains from the heart)

Variable # 188
Sas Name: ANGINA_3
Sas Label: Angina
Type: Categorical

Usage Notes: none
Categories: Medical History: Cardiovascular

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Atrial fibrillation

Atrial fibrillation

Variable # 189
Sas Name: ATRIALFB_3
Sas Label: Atrial fibrillation
Type: Categorical

Usage Notes: none
Categories: Medical History: Cardiovascular

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Kidney or bladder stones

Kidney or bladder stones (renal or urinary calculi)

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 190 | Usage Notes: | none |
| Sas Name: | KIDNEYST_3 | Categories: | Medical History: Other Disease/Condition |
| Sas Label: | Kidney or bladder stones | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes, less than 12 months ago | | |
| 2 | Yes, 12-23 months ago | | |
| 3 | Yes, 24 or more months ago | | |

F143 Dialysis for kidney failure

Dialysis for kidney or renal failure

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 191 | Usage Notes: | none |
| Sas Name: | KIDDIALY_3 | Categories: | Medical History: Other Disease/Condition |
| Sas Label: | Dialysis for kidney failure | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes, less than 12 months ago | | |
| 2 | Yes, 12-23 months ago | | |
| 3 | Yes, 24 or more months ago | | |

F143 Stomach or duodenal ulcer

Stomach or duodenal ulcer

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 192 | Usage Notes: | none |
| Sas Name: | STOMULCR_3 | Categories: | Medical History: Other Disease/Condition |
| Sas Label: | Stomach or duodenal ulcer | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes, less than 12 months ago | | |
| 2 | Yes, 12-23 months ago | | |
| 3 | Yes, 24 or more months ago | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Diverticulitis

Diverticulitis

Variable # 193
Sas Name: DIVERTIC_3
Sas Label: Diverticulitis
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Pancreatitis

Pancreatitis (inflamed pancreas)

Variable # 194
Sas Name: PANCREAT_3
Sas Label: Pancreatitis
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Liver disease

Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)

Variable # 195
Sas Name: LIVRDIS_3
Sas Label: Liver disease
Type: Categorical

Usage Notes: none
Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Overactive thyroid

Overactive thyroid

Variable # 196

Sas Name: OVRTHY_3

Sas Label: Overactive thyroid

Type: Categorical

Usage Notes: none

Categories: Medical History: Thyroid

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Underactive thyroid

Underactive thyroid

Variable # 197

Sas Name: UNDTHY_3

Sas Label: Underactive thyroid

Type: Categorical

Usage Notes: none

Categories: Medical History: Thyroid

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |

F143 Alzheimer's disease

Alzheimer's disease

Variable # 198

Sas Name: ALZHEIM_3

Sas Label: Alzheimer's disease

Type: Categorical

Usage Notes: none

Categories: Medical History: Other Disease/Condition

Values

| | |
|---|------------------------------|
| 0 | No |
| 1 | Yes, less than 12 months ago |
| 2 | Yes, 12-23 months ago |
| 3 | Yes, 24 or more months ago |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

F143 Multiple sclerosis

Multiple sclerosis

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 199 | Usage Notes: | none |
| Sas Name: | MS_3 | Categories: | Medical History: Other Disease/Condition |
| Sas Label: | Multiple sclerosis | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes, less than 12 months ago | | |
| 2 | Yes, 12-23 months ago | | |
| 3 | Yes, 24 or more months ago | | |

F143 Parkinson's disease

Parkinson's disease

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 200 | Usage Notes: | none |
| Sas Name: | PARKINS_3 | Categories: | Medical History: Other Disease/Condition |
| Sas Label: | Parkinson's disease | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes, less than 12 months ago | | |
| 2 | Yes, 12-23 months ago | | |
| 3 | Yes, 24 or more months ago | | |

F143 ALS/Lou Gehrig's disease

Amyotrophic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)

| | | | |
|-------------------|------------------------------|---------------------|--|
| Variable # | 201 | Usage Notes: | none |
| Sas Name: | ALS_3 | Categories: | Medical History: Other Disease/Condition |
| Sas Label: | ALS/Lou Gehrig's disease | | |
| Type: | Categorical | | |
| Values | | | |
| 0 | No | | |
| 1 | Yes, less than 12 months ago | | |
| 2 | Yes, 12-23 months ago | | |
| 3 | Yes, 24 or more months ago | | |

Recreational phys activity per week

Computed from Form 143, questions 6, 7.1, 7.3, and 7.5. Total number of episodes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

| | | | |
|-------------------|-------------------------------------|---------------------|---|
| Variable # | 202 | Usage Notes: | none |
| Sas Name: | TEPIWK | Categories: | Computed Variables Physical Activity |
| Sas Label: | Recreational phys activity per week | | |
| Type: | Continuous | | |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

Recr. phys activity per week >= 20 Min

Computed from Form 143, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5 and 7.6. Episodes per week of recreational physical activity of >=20 minutes duration (includes walking, mild, moderate and strenuous physical activity).

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 203 | Usage Notes: | none |
| Sas Name: | LEPITOT | | |
| Sas Label: | Recr. phys activity per week >= 20 Min | Categories: | Computed Variables Physical Activity |
| Type: | Continuous | | |

Mod. to strenuous phys activity per week

Computed from Form 143, questions 6.2, 7.1, and 7.3. Episodes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 204 | Usage Notes: | none |
| Sas Name: | MSEPIWK | | |
| Sas Label: | Mod. to strenuous phys activity per week | Categories: | Computed Variables Physical Activity |
| Type: | Continuous | | |

Mod-stren activity > 20 min/week

Computed from Form 143, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3 and 7.4. Episodes per week of moderate and strenuous recreational physical activity of >=20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

| | | | |
|-------------------|----------------------------------|---------------------|---|
| Variable # | 205 | Usage Notes: | none |
| Sas Name: | XLMSEPI | | |
| Sas Label: | Mod-stren activity > 20 min/week | Categories: | Computed Variables Physical Activity |
| Type: | Continuous | | |

Mod-stren activity >20 min/week (categorical)

Computed from Form 143, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, and 7.4. Categorical variable of episodes per week of moderate and strenuous recreational physical activity of >= 20 minutes duration (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity). Computed from XLMSEPI and TEPIWK.

| | | | |
|-------------------|---|---------------------|---|
| Variable # | 206 | Usage Notes: | none |
| Sas Name: | LMSEPI | | |
| Sas Label: | Mod-stren activity >20 min/week (categorical) | Categories: | Computed Variables Physical Activity |
| Type: | Categorical | | |

| | |
|---------------|-----------------------------------|
| Values | |
| 1 | No activity |
| 2 | Some activity of limited duration |
| 3 | 2 - <4 episodes per week |
| 4 | 4 episodes per week |



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

Strenuous activity episodes per week

Computed from Form 143, question 7.1. Episodes per week of strenuous recreational physical activity.

| | | | |
|-------------------|--------------------------------------|---------------------|---|
| Variable # | 207 | Usage Notes: | none |
| Sas Name: | SEPIWK | Categories: | Computed Variables Physical Activity |
| Sas Label: | Strenuous activity episodes per week | | |
| Type: | Categorical | | |

| | |
|---------------|-----------|
| Values | |
| 0 | 0 |
| 1 | 1 |
| 2 | 2 |
| 3 | 3 |
| 4 | 4 |
| 6 | 5 or more |

Minutes of recr. phys activity per week

Computed from Form 143, questions 6, 6.1, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total minutes per week of recreational physical activity (includes walking, mild, moderate and strenuous physical activity).

| | | | |
|-------------------|---|---------------------|---|
| Variable # | 208 | Usage Notes: | none |
| Sas Name: | TMINWK | Categories: | Computed Variables Physical Activity |
| Sas Label: | Minutes of recr. phys activity per week | | |
| Type: | Continuous | | |

Minutes of mod-stren activity per week

Computed from Form 143, questions 6, 6.2, 7.1, and 7.3. Minutes per week of moderate and strenuous recreational physical activity (includes walking fairly fast or very fast, moderate physical activity and strenuous physical activity).

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 209 | Usage Notes: | none |
| Sas Name: | MSMINWK | Categories: | Computed Variables Physical Activity |
| Sas Label: | Minutes of mod-stren activity per week | | |
| Type: | Continuous | | |

Minutes of stren. phys activity per week

Computed from Form 143, questions 7.1 and 7.2. Minutes per week of strenuous recreational physical activity.

| | | | |
|-------------------|--|---------------------|---|
| Variable # | 210 | Usage Notes: | none |
| Sas Name: | SMINWK | Categories: | Computed Variables Physical Activity |
| Sas Label: | Minutes of stren. phys activity per week | | |
| Type: | Continuous | | |

Total MET-hours per week

Computed from Form 143, questions 6, 6.1, 6.2, 7.1, 7.2, 7.3, 7.4, 7.5, and 7.6. Total MET-hours per week. Expenditure of energy from recreational physical activity (includes walking, mild, moderate and strenuous physical activity in kcal/week/kg).

| | | | |
|-------------------|--------------------------|---------------------|---|
| Variable # | 211 | Usage Notes: | none |
| Sas Name: | TEXPWK | Categories: | Computed Variables Physical Activity |
| Sas Label: | Total MET-hours per week | | |
| Type: | Continuous | | |

**MET-hours per week from walking**

Computed from Form 143, questions 6, 6.1, and 6.2. Expenditure of energy from physical activity from walking in kcal/week/kg (MET-hours per week).

Variable # 212**Usage Notes:** none**Sas Name:** WALKEXP**Sas Label:** MET-hours per week from walking**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expend from avg walking

Computed from Form 143, questions 6, 6.1 and 6.2. Energy expenditure from average walking (2-3 mph) in MET-hours per week. If question 6.2 (speed of walking) was marked as *‘don’t know’* or was missing, the speed was assumed to be 2-3 mph.

Variable # 213**Usage Notes:** none**Sas Name:** AVWKEXP**Sas Label:** Energy expend from avg walking**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expend from walking fairly fast

Computed from Form 143, questions 6, 6.1 and 6.2. Energy expenditure from walking fairly fast (3-4 mph) in MET-hours per week.

Variable # 214**Usage Notes:** none**Sas Name:** FFWKEXP**Sas Label:** Energy expend fr walking fairly fast**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expend from walking very fast

Computed from Form 143, questions 6, 6.1, and 6.2. Energy expenditure from walking very fast (> 4 mph) in MET-hours per week.

Variable # 215**Usage Notes:** none**Sas Name:** VFWKEXP**Sas Label:** Energy expend from walking very fast**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expenditure from hard exercise

Computed from Form 143, questions 7.1 and 7.2. Energy expenditure from strenuous or very hard exercise (for example, aerobics, aerobic dancing, jogging, tennis, swimming laps) in MET-hours per week.

Variable # 216**Usage Notes:** none**Sas Name:** HARDEXP**Sas Label:** Energy expenditure from hard exercise**Categories:** Computed Variables
Physical Activity**Type:** Continuous

Energy expenditure from mod. exercise

Computed from Form 143, questions 7.3 and 7.4. Energy expenditure from moderate exercise (for example, biking outdoors, using an exercise machine, calisthenics, easy swimming, popular or folk dancing) in MET-hours per week.

Variable # 217**Usage Notes:** none**Sas Name:** MODEXP**Sas Label:** Energy expend from moderate exercise**Categories:** Computed Variables
Physical Activity**Type:** Continuous



WHI Follow-Up Dataset
Form 143 - OS Questionnaire Year 3

Data File: f143_av3_os_pub **File Date:** 07/19/2007 **Structure:** One row per participant **Population:** OS participants

Energy expenditure from mild exercise

Computed from Form 143, questions 7.5 and 7.6. Energy expenditure from mild exercise (for example, slow dancing, bowling, golf) in MET-hours per week.

| | | | |
|-------------------|---------------------------------------|---------------------|---|
| Variable # | 218 | Usage Notes: | none |
| Sas Name: | MILDEXP | Categories: | Computed Variables Physical Activity |
| Sas Label: | Energy expenditure from mild exercise | | |
| Type: | Continuous | | |

Estrogen use last 2 years

| | | | |
|-------------------|---------------------------|---------------------|--|
| Variable # | 219 | Usage Notes: | none |
| Sas Name: | ELST2YR_3 | Categories: | Computed Variables Reproductive: Hormones |
| Sas Label: | Estrogen use last 2 years | | |
| Type: | Categorical | | |

| Values | |
|--------|-----|
| 0 | No |
| 1 | Yes |

Progesterone use last 2 years

| | | | |
|-------------------|-------------------------------|---------------------|--|
| Variable # | 220 | Usage Notes: | none |
| Sas Name: | PLST2YR_3 | Categories: | Computed Variables Reproductive: Hormones |
| Sas Label: | Progesterone use last 2 years | | |
| Type: | Categorical | | |

| Values | |
|--------|-----|
| 0 | No |
| 1 | Yes |

Hormone use last 2 years (estrog. or progest.)

| | | | |
|-------------------|---|---------------------|--|
| Variable # | 221 | Usage Notes: | none |
| Sas Name: | HLST2YR_3 | Categories: | Computed Variables Reproductive: Hormones |
| Sas Label: | Hormone use last 2 years (estrogen or progesterone) | | |
| Type: | Categorical | | |

| Values | |
|--------|-----|
| 0 | No |
| 1 | Yes |